2024 FREE CalSAC Training Modules

CalSAC's on-site training modules equip staff with foundational youth development principles, explore ways to respond to challenging behaviors, ensure that staff are creating culturally responsive programs, and offer a deeper understanding of specific topic areas like bullying prevention and working with Dual Language Learners.

The following list of 23 highly requested topics are available for **FREE through August 1, 2024** when working with an Apprentice Trainer. Apprentice Trainers are skilled facilitators who are new to the CalSAC Trainer Network and are working towards their certification. Free training is subject to availability based on trainer locations.

Visit www.CalSAC.org for a description and outline of each topic. Click here to view a complete list of CalSAC training topics. Ready to schedule a training? Go to https://training.calsac.org/training and create an Agency profile to get started.

		Audience Level[1]
Youth Development		
Building Safe and Supportive Relationships with Children and Youth		
1.1.2	Building Relationships with Children & Youth*	B
1.1.3	Effective Communication with Children & Youth*	B
1.1.4	Building Self-Esteem*	B
1.1.5	Fostering Interpersonal Connections in Children and Youth*	B
Positive Restorative Behavior Guidance Practices		
1.3.1	Understanding the Behavior of Children & Youth*	B
1.3.3	The Role of the Staff in Behavior Guidance*	B
1.3.4	Effective Supervision of Children and Youth*	B
1.3.5	Including Children and Youth with Disruptive Behaviors*	I
Cultivating Social-Emotional Learning Skills[1]		
4.6.1	Social Emotional Learning & Enhancing Quality*	B
4.6.2	Going Deeper: Supporting Social-Emotional Learning Skills*	B
4.6.3	We Are 100: Supporting Self-Awareness and Self-Management*	B
4.6.4	We Belong 100: Supporting Social Awareness and Interpersonal Skills*	B
4.6.5	We Can 100: Supporting Growth Mindset and Self-Efficacy*	B
Quality Programming		
3.2.1	Building Authentic Relationships with Families*	B
3.2.2	Understanding the Needs of Families*	I
3.2.3	Designing Meaningful Family Engagement*	I
Supporting Mental Health and Wellness[2]		
4.5.1	Understanding Mental Health and Wellness for Children and Youth	B
4.5.2	Exploring Protective Factors	B
4.5.3	Designing Safe and Supportive Programs	I
4.5.4	Cultivating Community Partnerships	I
Power and Purpose Series		
4.5.5	Exploring Harms to Heal	B
4.5.6	Incorporating Practices to Support Healing	I
4.5.7	Empowering Youth to Take Action	B

* These modules were revised in 2019 to incorporate language to support the mental health and wellness of children and youth.
1 Audience Levels: B=beginner, I=intermediate, A=advanced
2 The Supporting Mental Health and Wellness training series is provided in partnership with the OST Wellness Network.